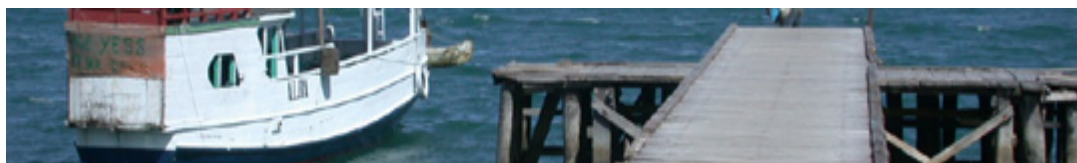


EXPEDITION DOSSIER

**DONNA BUANG – MT LITTLE JOE -
AUSTRALIA
CODE XPD307
2 DAYS/ 2 NIGHTS
GRADE - MODERATE**

ITINERARY – COSTS – INCLUSIONS



**FOR ANY MORE DETAILS OF EXPEDITIONS IN NEPAL, BHUTAN,
INDONESIA AND PAPUA NEW GUINEA CALL US ON (03) 9598 8581
OR SEE OUR WEBSITE AT WWW.NOROADS.COM.AU**

EXPEDITION OVERVIEW

The Warburton area boasts some of the most spectacular vistas and river valleys in Victoria. The township of Warburton is dominated by the summits of Donna Buang and Mt Little Joe. Treks to these summits are both invigorating and provide us with magnificent views through the Yarra Valley.

Warburton the township has some great restaurants which will sample on this 2 day – 2 night weekender.

Our 2 day itinerary is perfect for those training for longer expeditions such as Kokoda, Rinjani, Kilimanjaro or Everest. While the days will not be too long, 6 hours of trekking per day, they will be tiring and will give you a chance to test your fitness and of course ask your No Roads guide questions about our other trips.

EXPEDITION GRADE

We consider this expedition to be Moderate. You will need to have an average level of fitness as we walk approximately 15km over some steep and at times muddy terrain. Alternatives to these routes can be found if necessary. This is an excellent training walk for all those planning longer expeditions overseas.

ITINERARY

Note : Please be at the Warburton Lodge the night before the expedition starts. This is included in itinerary and is a great way to meet other trekkers and get to know your No Roads Guide.

Day 1 Warburton – Donna Buang - Warburton

There is no point getting up too early unless we are expecting a very hot day. After breakfast we will head out by 9am towards the base of Donna Buang. From the car park, we head down through a small rainforest coming out alongside a large paddock that overlooks the township.

Once we reach the fire break after a very steep climb, we continue up along the main track toward the summit. The trek can be steep at stages and a little slippery. This is excellent training for longer expeditions.

The flora and fauna are magnificent. There is nothing quite like the smell of the bush filling your lungs. The track continues to the summit road and then we continue along a more gentle undulating track until the top.

Lunch will be served on the summit. A watch tower provides great views over the valley in all directions. From there we head back down the same track back to our cars and the Lodge for a well deserved shower.

Tonight we will dine out at a local restaurant.

Accommodation: Warburton Lodge



Walking distance: approx. 11 km / 6 - 7 hours walking

Meals included: Breakfast, Lunch and Dinner

Day 2 Warburton – Mt Little Joe - Melbourne

After a lovely sleep we will have another slow morning. At about 9am we will drive around to the car park area for our walk up Mt Little Joe.

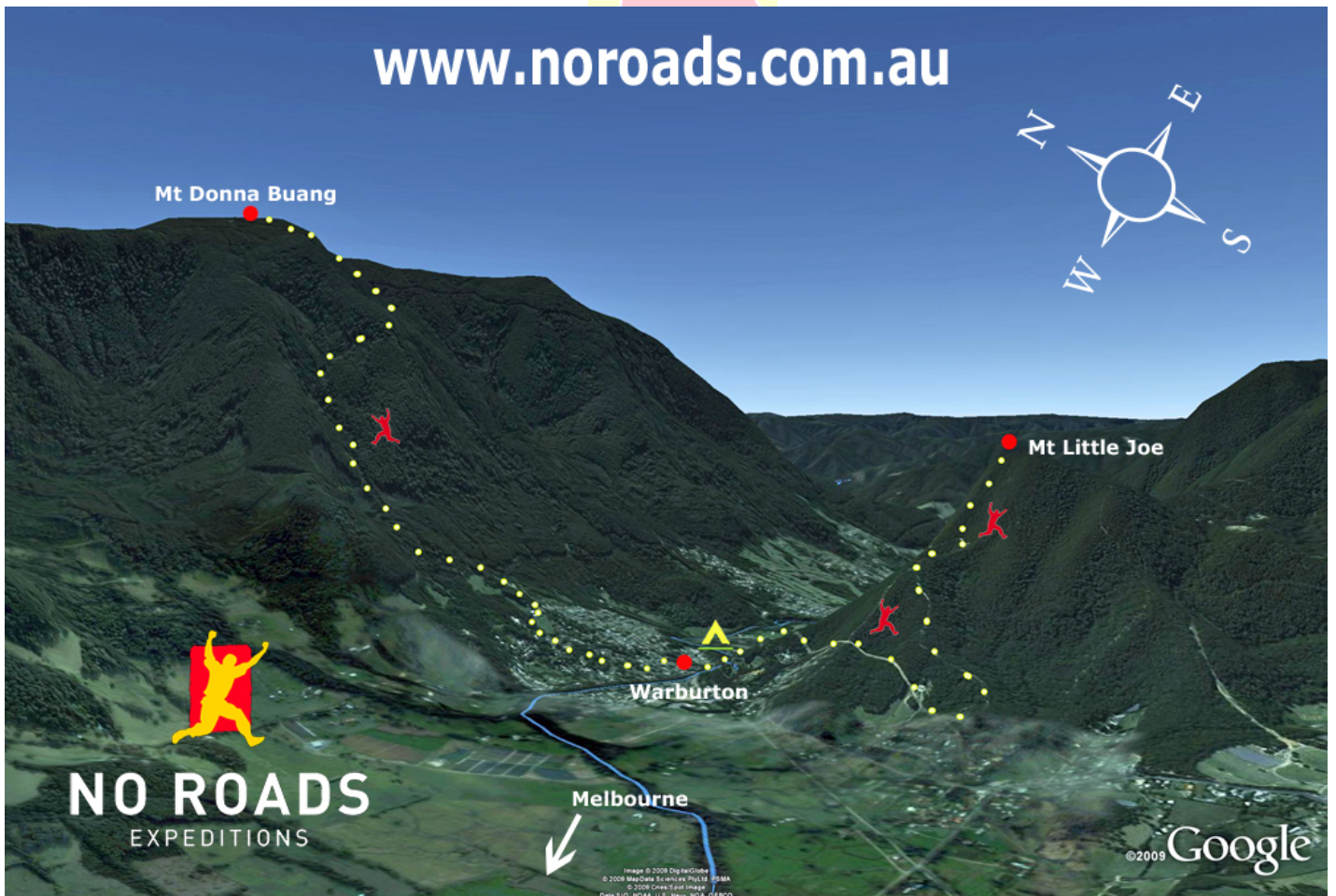
Today in some respects is easier than the Donna Buang trek though just as beautiful. Some sections are very steep and again an excellent training platform for other trips.

After lunch we will return to our cars, say our farewells and head home.

Accommodation: Your home

Walking distance: approx. 8 walking / 4-5 hours

Meals included: Breakfast and lunch



Joining Point

The Joining Point for this expedition is the Warburton Lodge, Warburton. Accommodation is twin share and will be available from 2pm the day before the expedition. Your No Roads Guide will be at the Warburton Lodge by 5pm the day before the expedition. He/She will introduce themselves to you when they arrive.

The Warburton Lodge

18 Park Road
Warburton, 3799
Victoria Australia
Tel: (03) 5966-2037

How to get there

No matter where you come from in Melbourne, you will need to get onto the Maroondah Hwy heading towards Lilydale. Turn right at the Warburton Hwy. Park Rd can be found on the right coming from Melbourne, just past the CFA Station.

You will receive directions of Donna Buang and Mt Little Joe once you arrive in Warburton.



INCLUSIONS

- Electrolyte supplements such as Gatorade on expedition
- 2 nights accommodation in twin share rooms at Warburton Lodge
- All food on expedition component
- Park fees and Park insurance
- No Roads Guide
- Dinner on second night
- Breakfast and cereals

EXCLUSIONS

- Dinner the night before expedition
- Beverages at Dinner
- Other drinks and beverages



EXPEDITION DATES

This trip runs from Friday Night to Sunday and is led by an experienced Australian guide. All dates can be found on our website at www.noroads.com.au

PRICE

AUD\$330 ex Marysville

GROUP SIZE

Maximum 20

PRIVATE EXPEDITIONS

We are able to organize private expeditions for those that want familiar people to join them or our scheduled departures don't suit. We are also able to organize personalized itineraries. We can have up to 20 people on a Private Expedition.

NOTE

1. Please note that this is Victoria which is famous for its ever changing and unpredictable weather conditions ('four seasons in one day'). Please ensure you are prepared with the right clothing. Warm jacket, thermals, woollen hat is advisable year round. A hat and sunscreen is essential from October to April due to high UV radiation.
2. In extreme heat conditions we will shorten the walks.
3. Please notify us in advance of any special meal requirements.

What To Bring

Generally speaking, you should pack as lightly as possible. Your luggage will remain at the Lodge while we are out walking. You will also need to bring a day pack to carry at least 2 litres of water, camera, packed lunch, waterproof, warm top, snacks, sunscreen etc.

Personal Items

- High factor sunscreen
- Mosquito repellent (Summer Only)
- Sunglasses
- Toiletries
- Watch or alarm clock
- Ear plugs (in case room mate snores!)
- Plastic bags for wet or dirty clothing
- Wet wipes or antiseptic hand gel

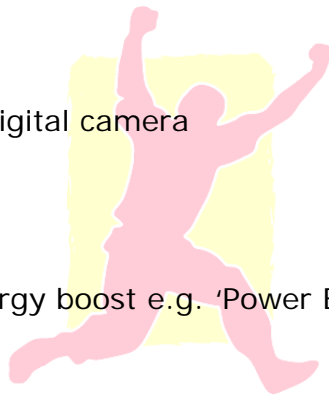


Clothing

- 2 T-shirts / long sleeved T-shirt
- Pair of sport sandals
- Walking shoes or boots (trainers are sufficient)
- 1 pair of knee length shorts (Summer Time)
- Light sweater for evening
- Light weight waterproofs
- Sun hat
- Clothes to relax in
- 2 water bottles
- Warm thermals (Winter Time)
- Warm Jacket (Winter Time)
- 3 pair thick socks (Winter Time)
- Beanie (Winter Time)
- Warm Gloves (Winter Time)

Other Suggestions

- Camera
- Adapter for recharging digital camera
- Small binoculars
- Reading material
- Penknife
- Torch / head torch
- Favourite snacks for energy boost e.g. 'Power Bars', dried fruit or nuts, snakes, banana



Note : If you are using this trip as a training program for a longer expedition, we recommend you wear the shoes and carry the pack you will be using on that expedition. This is a great opportunity to break in your equipment.

Heritage

The dense forests of this area were not particularly favored by Aboriginal people, and were a barrier to European settlement. Europeans first settled the area in the 1860s to access Woods Point goldfields and soon the area was recognized as a valuable source of timber. The water catchment value of the forest was also recognized last century, and dams were built at Maroondah and later at Upper Yarra.

The Black Spur (or Blacks Spur) gained its name from the route taken by displaced Aboriginal people from northern Victoria on their way to a mission settlement at Corranderk near Healesville.

Severe fires, such as those experienced in 1939, have burnt this area, but the vegetation and wildlife are adapted to survive or regenerate after such events.



Aboriginal Traditional Owners

Parks Victoria acknowledges the Aboriginal Traditional Owners of Victoria - including its parks and reserves. Through their cultural traditions, Aboriginal people maintain their connection to their ancestral lands and waters.

Fauna

Around 40 native mammals are known to occur in the park. The large areas of undisturbed old and mixed-age forests are particularly important for the conservation of hollow-dwelling species including bats, owls and parrots. Among the most significant of these is the endangered Leadbeater's Possum.

The park provides habitats for 120 recorded species of native birds. Significant hollow-using species are the Sooty Owl, Powerful Owl and Barking Owl. Other important species include the Pink Robin, Yellow-tailed Black Cockatoo, Australian King-Parrot and Grey Goshawk. Crimson Rosellas are common.

Vegetation

The park's most significant features are its tall Mountain Ash forests, with their understory of tree ferns, and adjacent gullies of cool temperate rainforest. Large pristine areas of these and other vegetation types within the catchment are of national and state botanical significance.

The highest elevations, such as Lake Mountain and Mount Donna Buang, are characterised by sub-alpine vegetation, and receive regular snowfalls over the winter months.

Fourteen plant species occurring in the park have been identified as being rare or threatened, including the Slender Tree-fern and Tree Geebung.

Spending Money

You will need to buy dinner the day before the expedition starts. You may like to bring along some beer, wine or whatever takes your fancy for the evenings at the Lodge.

Local Dress

Australia has relaxed attitudes towards standards of dress; however the extreme sunshine can cause sunburn - particularly in the summer. We recommend that you bring loose, cool, cotton clothing to protect yourself from the harsh sunrays. A sunhat and sunglasses are a must.



Safety

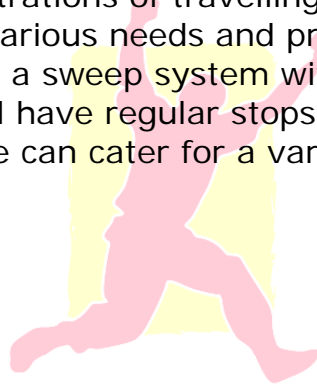
Dehydration is the biggest risk when undertaking a physical activity. It is so important to be aware of your fluid intake and to constantly drink water throughout the day (even when you do not feel thirsty).

We will also be in constant contact with our team via radio and phone along the track. If there are an emergencies, help is not far away.

Our Guide will also be carrying a Wilderness First Aid kit for any eventuality.

Your Fellow Walkers

As you will travel on a group trip you will be exposed to all the pleasures and maybe some of the frustrations of travelling in a group. We ask you to be understanding of the various needs and preferences of your group. We will operate the walks as a sweep system with a leader in the front and also at the back. We will have regular stops to regroup with photo opportunities. In this way we can cater for a variety of walking speeds.



NO ROADS EXPEDITIONS



INFORMATION AND SUPPORT

If you have any comments, questions or want more information, please let us know. We are here to support you with all information to help you prepare for your travels in the Yarra Ranges.

EXPEDITION GRADE (EXPEDITION DIFFICULTY)

GRADE 1 - EASY

Very little walking involved and when there is, it is usually for a short distance.

GRADE 2 - MODERATE

Moderate trekking 900m/3,000ft. and 2,000m/10,000ft. but possibly involving side trips to higher elevations.

GRADE 3 - DIFFICULT

Reasonably demanding trekking at altitudes up to 4,000m/13,000ft. Some expeditions included here will, in part, be well away from villages on ill-defined mountain trails.

GRADE 4 - STRENUOUS

Expeditions of a demanding nature, requiring all participants to be fit and in excellent health, often in remote alpine areas and sometimes reaching altitudes in excess of 5000m/18,000ft.

ALPINE

Extremely demanding treks sometimes in very remote areas on rough terrain and perhaps including (in Nepal) one or more of the so called 'trekking peaks' - maximum altitude, Mt. Mera at 6,461m/21,192ft. Participants should have at least a basic knowledge of use of crampons and ice axes, though first time climbers may be accepted on some of the so called 'easy' routes on these peaks. Medical certificates are required prior to acceptance on any climbing treks.

BOOKINGS

If you would like to discuss this or any other matter with us please feel free to call us on **(03) 9598 8581** or email us at info@noroads.com.au

